

**BSPH with Concentration in Medicine Sciences
PRE-NUTRITION Track
Sample Four-Year Plan**

FALL	WINTER	SPRING
Year 1		
BILD 1 CHEM 6A MATH 10A/20A	BILD 2 CHEM 6B MATH 10B/20B	BILD 3 CHEM 6C CHEM 7L
Year 2		
CHEM 40A PH 40 Quantitative Methods (STATS)	BILD 22 CHEM 40B PH 45	BICD 100^ LD PH __ (Trending Topics) PH 110
Year 3		
BIBC 100/102 PH 101 or 102 LD PH __	BIBC 120 PH 101 or 102 if have room consider ^pre-nutr course	PH UDE if have room consider ^pre-nutr course
Year 4		
PH 120 PH UDE if have room consider ^pre-nutr course	PH 193 PH UDE USP 143	UD Bio Lab PH 130 PH 194

*Many Concentration UDEs have additional Biology and/or Chemistry Sciences prerequisites that must be completed prior to enrollment. Students should plan out Concentration courses early to avoid time-to-degree delays.

*Many students who complete all required and highly recommended Pre-Pharm courses also consider a Biology Minor.

NOTE:

LD PH __ (Trending Topics): Lower-division public health trending topics (PH 70-85)

LD PH __: Lower-division public health elective (PH 50-95, 98, 99)

PH UDE: Upper-division public health elective (PH 140-191, 195, 198, 199)

Concentration UDE: Upper-division concentration public health elective (accepted courses listed on our website)

^HIGHLY RECOMMENDED COURSEWORK (depending on program - not all programs require courses listed below):

LD: BILD 22, PHYS 1A+1A, PHYS 1B+BL, PHYS 1C+CL

Anatomy w/ lab, Physiology w/ lab, Microbiology w/ lab - Take at CC or through UC San Diego Extended Studies

Medical Terminology, Medical Spanish - Take at CC or through UC San Diego Extended Studies

UD: BIBC 102, BIBC 120, BICD 100, BIPN 100, BIPN 105, BIMM 100, BIMM 120 - All listed courses satisfy Concentration UDE
BIMM 121

GENERAL CAREER & GRADUATE SCHOOL ADVISING:

<https://career.ucsd.edu/advising/>

PRE-HEALTH (INCLUDING PUBLIC HEALTH) CAREER & GRADUATE SCHOOL ADVISING:

<https://healthbeat.ucsd.edu>

PLANNING YOUR FUTURE IN PUBLIC HEALTH:

<https://ph.ucsd.edu/undergrad/planning-your-future/index.html>